

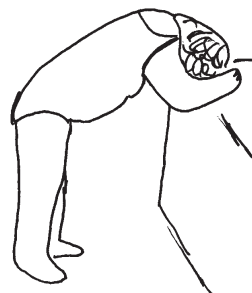
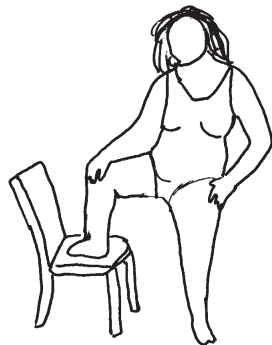


Positions for Active Birthing

Positions for Resting During Labor



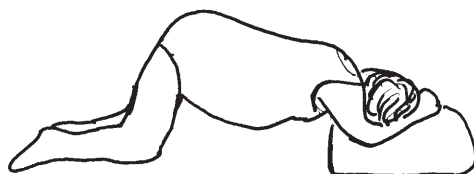
Positions for Being Active During Labor





Positions for Active Birthing

Positions for Back Labor



Positions for Birth

